

Social Media Templates

We are excited to provide you with social media templates and graphics to help you kickstart your fundraising for Spin for Sinai 2026. These ready-to-use posts are designed to make it easy for you to share your participation, spread the word and inspire your network to support IBD research and care at Sinai Health.

Simply copy one of the sample captions below, add your personal fundraising page link, and pair it with one of your own photos.

Together, we can amplify our impact and pedal for a purpose.

Template 1 (Instagram / Facebook):

I'm fundraising for Spin for Sinai in support of IBD research and care at Sinai Health! I'm pedalling for a purpose, and every dollar makes a difference. Please consider donating to my page and helping me reach my goal: [Insert Fundraising Page Link]

#SpinForSinai @sinaihealthfoundation

Template 2 (Instagram / Facebook / X):

I'm taking on the Spin for Sinai challenge to raise funds for IBD research and care. Your support will help change lives. Donate today and help me reach my fundraising goal: [Insert Fundraising Page Link]

#SpinForSinai @sinaihealthfoundation

Template 3 (LinkedIn):

I am proud to be participating in Spin for Sinai 2026, and raising vital funds for IBD research and care at Sinai Health. My goal is to [insert personal fundraising goal], and I would be grateful for your support.

Please consider donating to my fundraising page and joining me in making an impact for patients and families living with IBD: [Insert Fundraising Page Link]

Together, we can pedal for a purpose.

#SpinForSinai #Fundraising

